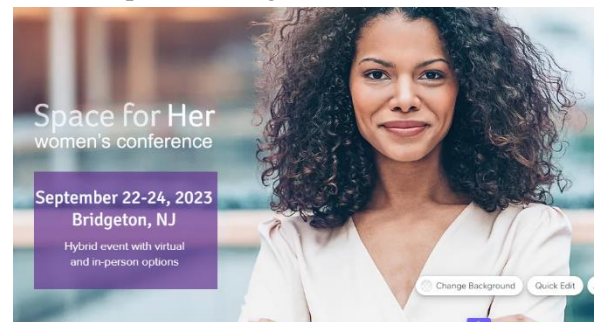


Living Well 4 Life Foundation to Host “Space for Her” Women’s Conference in Bridgeton, NJ from September 22-24, 2023



The “Space for Her” conference will provide resources and connections for women to help them achieve emotional, physical, spiritual, and professional balance in this often-challenging time.

The last three years have been a rough one for many women, filled with unexpected changes, added responsibilities, health concerns, job instability, and much more. Fortunately, the power to network and help each other survive, rise, and shine, is something that is quite the priority for some very driven organizations. One of the forces leading the way is the non-profit organization Living Well 4 Life Foundation. With Covid restrictions beginning to relax, Living Well 4 Life Foundation is happy to announce it’s official event, the “Space for Her” Women’s Conference. A combination in-person and virtual event, “Space for Her” will be held at All The Nations Church in Bridgeton, NJ from September 22-24, 2023. With the emphasis of the conference being "Breaking New Ground," “Space for Her” encourages women of all backgrounds to remain focused to break through limitations, invest in themselves, and pursue their dreams. The enthusiasm surrounding the event is skyrocketing.



Space for Her is an in-person & virtual Total Health & Wellness women’s conference. Activities include morning stretches and a one-mile walk, and interactive workshops, networking, clubhouse rooms, mouthwatering cuisine, virtual and in-person networking, and live jazz music, free prize giveaways and more.

Just some highlights of the conference include: over 600+ women of diverse backgrounds, ages, and career paths expected to attend in its hybrid format with 100 women onsite and 500 attending virtually; an impressive lineup of keynote speakers from TedEx and Amazon Best-selling author; transformative breakout sessions; professional growth and personal development covering many areas; cross-generational leadership; and much more.

The Live Jazz music brings a special kind of energy to the event. It will be performed by multi-faceted Christian saxophonist Audrey Welber-Lafferty. She has been showcased on (Black Entertainment BET Network Bobby Gospel Show) and has played with many other groups including New York City swing-jazz-blues band Swingadelic and the Jazz Lobsters Big Band. Her fiery sound and precision technique on the alto sax has been described by reviewers as “inspired,” “muscular,” and “gloriously pure-toned.” Will Friedwald of the Wall Street Journal cited Welber’s “especially fluid clarinet solo” in his review of Swingadelic 2013 album “Toussaintville.”

Sponsorship opportunities are available for those who’d like to gain brand exposure with 600+ Greater

Bridgeton, Vineland, South Jersey and Philadelphia-area women, while also demonstrating support for the advancement and development of community through solid action. Diverse sponsorship packages are available to meet a brand or organization's budget.

Woman-owned business vendors are also welcomed to showcase their business and services at the event. Onsite and virtual vendor options are available.

For more information be sure to visit

www.SpaceforHer.org

About Space for Her

Space For Her Conference is an initiative of Living Well 4 Life Foundation, a 501(c)(3) nonprofit organization.

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